

OCTOBER 2018 – Life Enrichment Calendar

Belmont Health and
Rehabilitation Center

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1 9:30a Morning Stretch 10:00a Secret Quote & Coffee 10:30a Music with Banjo Steve 1:00p 1:1 Visits (Rms) 2:00p Bingo 3:00p Popcorn Social	2 9:30a Active Games: Horseshoes 10:00a Boggle Words & Coffee 10:30a Fish or Cut Bait 2:00p Skip-Bo Cards 3:00p Think Fast!	3 Look at Leaves Day 9:30a Morning Stretch 10:00a Riddles & Coffee 10:30a Categories: LEAF 2:00p Leaf People 3:00p Kings Korner 3:00p Catholic Communion 6:45p Bingo w/Betty	4 Detective Day 9:30a Morning Stretch 10:00a Daily Chronicles, Brain Quest & Coffee 10:30a Kerplunk 2:00p Yam Slam Dice 3:00p Clue Board Game	5 9:30a Active Games: Witch Hat Ring Toss 10:00a Trivia & Coffee 10:30a Roll A Pumpkin 2:00p Sequence 3:00p Social: Apple Slices w/Caramel Dip 6:45p Bingo w/Madison East Kiwanis	6 10:30a Tissue Paper Candy Corn Craft with Alyssa 3:00p Kings Korner & Wii Bowling Avail. 6:30p Badgers vs Nebraska Cornhuskers (BTN)
7 10:00a TV Church Service (Ch. 6) 12:00p Packers at Lions (FOX Sports) 2:00p Bingo w/Mike Catholic Communion with St. Dennis Church	8 Columbus Day 9:30a Active Games: Bouncy Eye Toss 10:00a TriBond Trivia & Coffee 10:30a Cross The Oceans Dice Game 1:00p 1:1 Visits (Rms) 2:00p Bingo 3:00p Popcorn Social	9 9:30a Morning Stretch 10:00a Manicures, Music & Hand Massages 2:00p Wallpaper Pumpkins 3:00p Deer in Headlights Dice Game	10 9:30a Morning Stretch 10:00a Rhyming Trivia & Coffee 10:30a Battleship 12:00p In-House Lunch Group: Little Caesar's Pizza (SIGN UP) 2:00p Dice Chasers Game 3:00p Wii Bowling 6:45p Bingo w/Betty	11 Nat'l Sausage Pizza Day 9:30a Active Games: Magnetic Target Toss 10:00a Daily Chronicles, Finishing Lines & Coffee 10:30a Yahtzee 2:00p Cupcake Liner Scarecrows 3:00p Wordsearch Game	12 Farmer's Day 9:30a Morning Stretch 10:00a Word Mining 10:30a Music with Cowboy Bob 2:00p Cow OR Pig Dice 3:00p Friday Social: Bewitched Pudding Cups	13 10:30a Frog Dice with Jenny 3:00p Kings Korner & Wii Bowling Avail. 6:30p Independent Art, Brain Games Avail. Badgers at Wolverines Time & TV Station TBD
14 10:00a TV Church Service (Ch. 6) 10:30a Making Halloween Treats for the 3 rd Graders 2:00p Bingo w/Mike Catholic Communion with St. Dennis Church	15 9:30a Morning Stretch 10:00a Hangman & Coffee 10:30a Football Dice 1-3p Voting for Registered Voters 2:00p Bingo 3:00p Popcorn Social 7:15p MNF: Packers vs 49ers (ESPN)	16 Boss' Day 9:30a Active Games: Bucket Toss 10:00a Word Web & Coffee 10:30a Manicures (Rms) 10:30a Eastside Lutheran Church Service & Hymn Sing 2:00p Bunco 3:00p American Trivia Game OR Listmania	17 9:30a Morning Stretch 10:00a MadLibs 10:30a Pizza Party Dice OR Dice Bowling 2:00p SEE DAILY POSTING with Caramel Corn Halloween Mix 6:45p Bingo w/Betty	18 9:30a Morning Stretch 10:00a Daily Chronicles, Strange But True & Coffee 10:30a JINX Dice 2:00p Scrabble 3:00p Wikipedia Trivia Game	19 9:45a St. Dennis 3rd Graders w/Witch Feet Craft Project 11:00a 20 Questions 1:15p Resident Council & Food Meeting 2:00p Man Bites Dog 3:00p Monthly Birthday Social: Ice Cream Sundaes	20 Sweetest Day 10:00a Balloon Volleyball & Music with Tzu Chi Group 11:00a Badgers vs Fighting Illini (TV Station TBD) 3:00p Kings Korner & Wii Bowling Avail. 6:30p Independent Art, Brain Games Avail.

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21 10:00a TV Church Service (Ch. 6) 2:00p Bingo w/Mike Catholic Communion with St. Dennis Church	22 9:30a Morning Stretch 10:00a Daily Chronicles, Word Ladders & Coffee 10:30a Halloween Suncatchers 1:00p 1:1 Visits (Rms) 2:00p Bingo 3:00p Popcorn Social	23 9:30a Active Games: Pumpkin Toss 10:00a THINKLERS & Coffee 10:30a Number Snatchers 2:00p Marble Art Spiderwebs 3:00p Sort It Out	24 9:30a Morning Stretch 10:00a Random Trivia 10:30a Music with Jesse Walker 2:00p Pumpkin Decorating 3:00p UNO Cards 6:45p Bingo w/Betty	25 9:30a Morning Stretch 10:00a Word Mining & Coffee 10:30a Pumpkin Patch Races 2:00p Chalk Stencil Pumpkins 3:00p Would You Rather	26 9:30a Active Games: Ski Ball 10:00a Group Crosswords & Coffee 10:30a Roll A Monster 2:00p Jeopardy 3:00p Friday Social: Breadsticks with Marinara Sauce Health Drive Dentist Here Today	27 Nat'l Breadstick Day 10:30a Music with Katie, Jon & Friends 3:00p Kings Korner & Wii Bowling Avail. 6:30p Independent Art, Brain Games Avail. Badgers at Northwestern Time & TV Station TBD
28 10:00a TV Church Service (Ch. 6) 2:00p Bingo w/Mike 3:00p Visits w/Pastor Jerry 3:30p Packers at Rams (Fox Sports) Catholic Communion with St. Dennis Church	29 9-11a Voting for Registered Voters 9:30a Morning Stretch 10:00a Name 10 Trivia & Coffee 10:30a Categories: SCARY 2:00p "BOO" Bingo 3:00p Popcorn Social Health Drive Optometry Here Today	30 Nat'l Candy Corn Day 9:30a Active Games: Candy Corn Toss 10:00a What's the WORD & Coffee 10:30a Dem Bones Dice 2:00p Cooking Group: Puppy Chow with Candy Corn 3:00p Outburst Health Drive Podiatry Here Today	31 Halloween 9:30a Costumes 10:30a Music with Janet Lieb 2:00p Cupcake Liner Ghosts 3:00p Halloween Snack Social 6:45p Bingo w/Betty Health Drive Hygienist Here Today	All activity programs occur in the Main Dining Room unless otherwise noted. Coloring Supplies, Playing Cards, Movies, Wii Game console Available in Dining Rm.	See Life Enrichment Dept. to make appointments for manicures. CNAs are to trim nails on your shower days.	October is National: Pizza Month Popcorn Month Scarecrow Month Breast Cancer Awareness Month Seafood Month Stamp Collecting Month



Belmont

HEALTH + REHABILITATION CENTER

Attention Residents:

During scheduled activity times, your families are welcome to join you and participate in the activity. Activities are subject to change. Please see daily activity bulletin board for scheduled activities. Thank you!

See Front Desk to schedule Beauty Shop appointments.