

# FEBRUARY 2019–Life Enrichment Calendar

Belmont Health and  
Rehabilitation Center

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>All activity programs occur in the Main Dining Room unless otherwise noted.</p> <p>Coloring Supplies, Playing Cards, Movies, Wii Game console Available in the Dining Room.</p>	<p>See Life Enrichment Dept. to make appointments for manicures.</p> <p>CNAs are to trim nails on your shower days.</p>	<p><u>February is National:</u>  <b>Black History Month</b>  <b>Heart Month</b>  <b>Weddings Month</b>  <b>Cherry Month</b>  <b>Friendship Month</b>  <b>Mend a Broken Heart Month</b></p>			<p><b>1 Nat'l Wear Red Day</b>            9:30a Morning Stretch            10:00a Secret Quote &amp; Coffee            10:30a Groundhog Races            2:00p Groundhog Craft            3:00p Friday Social: Pretzels &amp; Cheese            6:45p Bingo w/Madison East Kiwanis            8:00p Badgers vs Maryland (Fox Sports)</p>	<p><b>2 Groundhog Day</b>            10:30a See Daily Board            3:00p Kings Korner &amp; Wii Bowling Avail.            6:30p Independent Art, Brain Games Avail.</p>
<p><b>3 Super Bowl Sunday</b>            10:00a TV Church Service (Ch. 6)            2:00p Bingo w/Mike            5:30p Super Bowl on CBS: Patriots &amp; Rams  <b>Super Bowl Commercial Bingo Cards Available</b>  <b>Catholic Communion with St. Dennis Church</b></p>	<p><b>4</b>            9:30a Morning Stretch            10:00a Random Trivia &amp; Coffee            10:30a Battleship            1:00p 1:1 Visits (Rms)            2:00p Bingo            3:00p Popcorn Social</p>	<p><b>5 Chinese New Year Begins</b>            9:30a Morning Stretch            10:00a Chinese New Year Trivia &amp; Coffee            10:30a Team Yahtzee            2:00p Cupcake Liner Dragon            3:00p 7-Up Cards</p>	<p><b>6 Home Run Day</b>            9:30a Morning Stretch            10:00a Sports Trivia &amp; Coffee            10:30a Baseball Dice            2:00p Glowing Heart Collage Craft            3:00p Catholic Comm.            3:00p Wii Bowling            6:45p Bingo w/Betty            8:00p Badgers at Gophers (BTN)</p>	<p><b>7</b>            9:30a Morning Stretch            10:00a Word Scramble &amp; Coffee            10:30a Farkle            2:00p Fleece Tie Blankets            3:00p Jeopardy Trivia  <b>Health Drive Audiology Here Today</b></p>	<p><b>8 Nat'l Kite Flying Day</b>            9:30a Morning Stretch            10:00a Trivia with Justine  <b>10:30a Music with Janet Lieb</b>            2:00p Kite Suncatchers            3:00p Friday Social: Red Jell-O Cups &amp; Brownies  <b>Health Drive Dentist Here Today</b></p>	<p><b>9</b>            10:30a Penny Ante or Trivia w/Kristin            11:00a Badgers at Michigan (FOX)            3:00p Kings Korner &amp; Wii Bowling Avail.            6:30p Independent Art, Brain Games Avail.</p>
<p><b>10 National Umbrella Day</b>            10:00a TV Church Service (Ch. 6)            2:00p Bingo w/Mike  <b>Catholic Communion with St. Dennis Church</b></p>	<p><b>11 National Peppermint Patty Day</b>  <b>9-11a Voting for Registered Voters</b>            9:30a Morning Stretch            10:00a Manicures, Hand Massages &amp; Music            1:00p 1:1 Visits (Rms)            2:00p Bingo            3:00p Popcorn Social</p>	<p><b>12</b>            9:30a Morning Stretch            10:00a Finishing Lines &amp; Coffee            10:30a Active Games: Horseshoes            2:00p Ripped Paper Heart Craft            3:00p Kings Korner            6:00p Badgers vs Michigan State</p>	<p><b>13</b>            9:30a Morning Stretch            10:00a Trivia with Justine  <b>10:30a Music with Jesse Walker</b>            2:00p Scrabble            3:00p Independent Coloring            6:45p Bingo w/Betty</p>	<p><b>14 Valentine's Day</b>            9:45a Trivia w/ Justine  <b>10:30a Kennedy Elem. 4<sup>th</sup> Graders Visit with Heart Animals Craft</b>            2:00p Paper Punch Tree of Hearts Craft            3:00p Wikipedia Trivia</p>	<p><b>15 Nat'l Wisconsin Day</b>  <b>Nat'l Caregivers Day</b>            9:30a Morning Stretch            10:00a Word Mining &amp; Coffee            10:30a Categories: BADGER            2:00p Brain Box: U.S. Presidents            3:00p Birthday Social: Ice Cream Sundaes  <b>Health Drive Optometry</b></p>	<p><b>16</b>            10:30a Visits with Stephanie            3:00p Kings Korner &amp; Wii Bowling Avail.            6:30p Independent Art, Brain Games Avail.</p>

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<b>17</b> 10:00a TV Church Service (Ch. 6) 2:00p Bingo w/Mike  <b>Catholic Communion with St. Dennis Church</b>	<b>18 Presidents' Day</b> 9:30a Morning Stretch 10:00a Presidential Words & Coffee 10:30a American States Trivia Game 1:00p 1:1 Visits (Rms) <b>1:15p Resident Council &amp; Food Meeting</b> 2:00p Bingo 3:00p Popcorn Social 7:00p Badgers vs Illinois (Fox Sports)	<b>19</b> 9:30a Morning Stretch 10:00a THINKLERS & Coffee 10:30a Eastside Lutheran Church Service & Hymn Sing 2:00p Snowmen w/ Reflection Craft 3:00p Kings Korner	<b>20 Nat'l Cherry Pie Day</b> 9:30a Morning Stretch 10:00a Fill In the Blank Trivia <b>10:30a Music w/Susan Frankland</b> 2:00p Baking Group: Mini Cherry Pies 3:00p Trivia Time 6:45p Bingo w/Betty	<b>21</b> 9:30a Morning Stretch 10:00a Group Crosswords & Coffee 10:30a Active Games: Washer Toss 2:00p Water Resist Art Painting 3:00p Man Bites Dog	<b>22</b> <b>9:45a St. Dennis 3<sup>rd</sup> Graders Visit with Mosaic Hearts Craft</b> 11:00a America's Road Trip 2:00p Bunco 3:00p Friday Social: Banana Bread Muffins	<b>23 Nat'l Banana Bread Day</b> 10:30a LCR Dice Game w/Barb 3:00p Kings Korner & Wii Bowling Avail. 6:30p Independent Art, Brain Games Avail. 7:30p Badgers at Northwestern (BTN)
<b>24 Nat'l Tortilla Chip Day</b> 10:00a TV Church Service (Ch. 6) 2:00p Bingo w/Mike 3:00p Visits w/Pastor Jerry  <b>Catholic Communion with St. Dennis Church</b>	<b>25</b> 9:30a Morning Stretch 10:00a Name 10 Trivia & Coffee 10:30a Categories: CHIP 1:00p 1:1 Visits (Rms) 2:00p Bingo 3:00p Chips & Salsa or Cheese Dip Social	<b>26</b> 9:30a Morning Stretch 10:00a What's the WORD & Coffee 10:30a Kerplunk 2:00p Deer in Headlights Dice Game 3:00p Kwizniac 8:00p Badgers at Indiana	<b>27 Nat'l Polar Bear Day</b> 9:30a Morning Stretch 10:00a Finishing Lines <b>10:30a Music w/Northern Comfort Band</b> 2:00p Polar Bear Craft 3:00p For-Get-It Dice 6:45p Bingo w/Betty	<b>28</b> 9:30a Morning Stretch 10:00a Boggle & Coffee 10:30a Dice Bowling 2:00p Manicures, Hand Massages & Music	<p><b>All activity programs occur in the Main Dining Room unless otherwise noted.</b></p> <p><b>Many Leisure Supplies Available in Dining Room.</b></p>	



### Attention Residents:

**During scheduled activity times, your families are welcome to join you and participate in the activity. Activities are subject to change. Please see daily activity bulletin board for scheduled activities. Thank you!**

**See Front Desk to schedule Beauty Shop appointments.**