

NOVEMBER 2018–Life Enrichment Calendar

Belmont Health and
Rehabilitation Center

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>All activity programs occur in the Main Dining Room unless otherwise noted.</p> <p>Coloring Supplies, Playing Cards, Movies, Wii Game console Available in Dining Room.</p>	<p>See Life Enrichment Dept. to make appointments for manicures.</p> <p>CNAs are to trim nails on your shower days.</p>	<p><u>November is National:</u> Adoption Month Child Safety Month Family Stories Month Life Writing Month Gratitude Month American Music Month</p>		<p>1 All Saint's Day 9:30a Morning Stretch 10:00a Daily Chronicles, Brain Quest & Coffee 10:30a Kerplunk 2:00p Moon Watcher Cats Craft 3:00p Day of the Dead Coloring or Kings Korner Health Drive Audiologist</p>	<p>2 All Soul's Day Nat'l Deviled Eggs Day 9:45a St. Dennis 3rd Graders w/ Torn Paper Scarecrow 11:00a 20 Questions 2:00p Man Bites Dog 3:00p Friday Social: Rootbeer Floats 6:45p Bingo w/Madison East Kiwanis</p>	<p>3 Nat'l Sandwich Day 10:30a Wheelchair Yoga DVD Available 11:00a Badgers vs Rutgers (BTN) 3:00p Kings Korner & Wii Bowling Avail. 6:30p Independent Art, Brain Games Avail. "Fall Back" Turn Clocks Back 1 Hour</p>
<p>4 Daylight Savings Ends 10:00a TV Church Service (Ch. 6) 2:00p Bingo w/Mike Catholic Communion with St. Dennis Church</p>	<p>5 Nat'l Donut Day 9:30a Morning Stretch 10:00a Word Mining & Coffee 10:30a Categories: Donut 1:00p 1:1 Visits (Rms) 2:00p Bingo 3:00p Popcorn Social</p>	<p>6 Election Day Basketball Day 9:30a Active Games: Horseshoes 10:00a Boggle Words & Coffee 10:30a JINX Dice 2:00p Autumn Birch Trees 3:00p Taboo</p>	<p>7 9:30a Morning Stretch 10:00a Riddles & Coffee 10:30a Pictionary with Justine 2:00p Baking Group: Deviled Eggs 2:30p 80's/90's Trivia Game 3:00p Catholic Communion 6:45p Bingo w/Betty</p>	<p>8 9:30a Aim for the Stars Target Toss 10:00a Word Scramble & Coffee 10:30a Dice & Strikes 2:00p Sequence 3:00p LOGO Board Game</p>	<p>9 Parade Day 9:30a Morning Stretch 10:00a Rhyming Trivia 10:30a Music with Dewayne Keyes 2:00p Field of Poppies Craft 3:00p Friday Social: Chex Mix</p>	<p>10 10:30a Pet Visits with Ginger 3:00p Kings Korner & Wii Bowling Avail. 6:30p Independent Art, Brain Games Avail. Badgers at Penn State Time & TV Station TBD</p>
<p>11 Veterans Day 10:00a TV Church Service (Ch. 6) 12:00p Packers vs Dolphins (CBS Sports) 2:00p Bingo w/Mike Catholic Communion with St. Dennis Church</p>	<p>12 Happy Birthday, Sammy Sosa 9:30a Morning Stretch 10:00a Baseball Trivia & Coffee 10:30a Baseball Dice 1:00p 1:1 Visits (Rms) 2:00p Bingo 3:00p Bomb Pops Social In Honor of Veterans Day</p>	<p>13 9:30a Morning Stretch 10:00a Manicures, Hand Massages and Music 12:00p In-House Lunch Group: Tacos (Across From Therapy) 2:00p Rollers Dice 3:00p Wii Bowling</p>	<p>14 9:30a Morning Stretch 10:00a MadLibs 10:30a Music with Randy Kiel 2:00p 3 Little Owls in a Tree Craft 3:00p Kings Korner 6:45p Bingo w/Betty</p>	<p>15 9:30a Pond Toss 10:00a Change A Letter & Coffee 10:30a Football Dice 1-2p Massage Therapy w/Gail (SIGN UP) 2:00p UNO Cards 3:00p Reminiscing Game 7:30p Packers at Seahawks (FOX Sports)</p>	<p>16 10:00a Random Trivia (Across from Therapy) 10:30a Henry Vilas Zoo To You Program (Across from Therapy) 2:00p Dice Chasers 3:00p Monthly Birthday Social: Ice Cream Sundaes</p>	<p>17 World Peace Day 10:00a Balloon Volleyball & Music with Tzu Chi Group 3:00p Kings Korner & Wii Bowling Avail. 6:30p Independent Art, Brain Games Avail. Badgers at Purdue Time & TV Station TBD</p>

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<p>18 10:00a TV Church Service (Ch. 6) 2:00p Bingo w/Mike</p> <p>Catholic Communion with St. Dennis Church</p>	<p>19 9:30a Morning Stretch 10:00a Word Ladders 10:30a Music with the American Family Choir 1:00p 1:1 Visits (Rms) 1:15p Resident Council & Food Meeting 2:00p Bingo 3:00p Popcorn Social</p>	<p>20 9:30a Active Games: Bucket Toss 10:00a THINKLERS & Coffee 10:30a Manicures (Rms) 10:30a Eastside Lutheran Church Service & Hymn Sing 2:00p Cupcake Liner Turkeys 3:00p 7-Up Cards</p>	<p>21 Pumpkin Pie Day 9:30a Morning Stretch 10:00a Word Scramble & Coffee 10:30a Battleship 2:00p Baking Group: Pumpkin Pie Bites 3:00p Scrabble 6:45p Bingo w/Betty</p>	<p>22 Thanksgiving 9:00a 92nd Macy's Day Parade (NBC) 9:30a Morning Stretch 10:00a Word Mining & Coffee 10:30a Turkey Tail Cover All Dice 11:30a Football: Bears at Lions 2:00p Quirky Turkeys 3:30p Football: Redskins at Cowboys 7:30p Football: Falcons at Saints</p>	<p>23 9:30a Morning Stretch 10:00a Matching Trivia & Coffee 10:30a Sort It Out 2:00p Deer in Headlights Dice Game 3:00p Friday Social: Pretzels & Cheese</p>	<p>24 10:30a Visits with Stephanie 3:00p Kings Korner & Wii Bowling Avail. 6:30p Independent Art, Brain Games Avail.</p> <p>Badgers vs Gophers Time & TV Station TBD</p>
<p>25 10:00a TV Church Service (Ch. 6) 2:00p Bingo w/Mike 3:00p Visits w/Pastor Jerry 7:30p Packers at Vikings (NBC Sports)</p> <p>Catholic Communion with St. Dennis Church</p>	<p>26 9:30a Morning Stretch 10:00a Name 10 Trivia & Coffee 10:30a Team Yahtzee 2:00p Bingo 3:00p Popcorn Social</p>	<p>27 9:30a Active Games: Snowball Toss 10:00a What's the WORD & Coffee 10:30a Decorating the Christmas Tree 2:00p Skip-Bo Cards 3:00p Wikipedia Trivia Game</p>	<p>28 World Puzzle Day 9:30a Morning Stretch 10:00a Crossword Puzzles & Coffee 10:30a Categories: GAMES 2:00p Painting Event with Jodi: Winter Scene (all abilities welcome) 6:45p Bingo w/Betty</p>	<p>29 9:30a Active Games: Target Toss 10:00a Matching Trivia & Coffee 10:30a Cow Dice 2:00p Misc. Board Games – Resident Choice</p>	<p>30 9:30a Active Games: 10:00a Word Web & Coffee 10:30a Rally Roll Dice 11:30a Outing: Lunch at KFC (Sign Up, Cost Is Your Meal) 2:00p Man Bites Dog 3:00p Friday Social: Cheese, Sausage & Crackers</p>	

Attention Residents:

During scheduled activity times, your families are welcome to join you and participate in the activity. Activities are subject to change. Please see daily activity bulletin board for scheduled activities. Thank you!

See Front Desk to schedule Beauty Shop appointments.