

JANUARY 2018–Life Enrichment Calendar

Belmont Nursing and
Rehabilitation Center

| SUNDAY | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY |
|--|--|--|---|--|--|--|
| <p>January is National:</p> <p>Nat'l Soup Month</p> <p>Nat'l Oatmeal Month</p> <p>Nat'l Blood Donor Month</p> <p>Hot Tea Month</p> <p>Nat'l Hobby Month</p> | <p>1 Happy New Year! 9:30a Morning Stretch 10:00a Rose Bowl Parade on ABC 10:00a Word Scramble & Coffee 10:30a Coffee Filter Frosty the Snowman Craft 2:00p Bingo w/Mike 4:00p Rose Bowl: OK vs. Georgia 7:45p Sugar Bowl: Clemson vs. AL</p> | <p>2 Georgia Became a State, 1788 9:30a Active Games: Resident Choice 10:00a Georgia Facts & Coffee 10:30a Manicures 2:00p Monopoly 3:00p Wii Bowling</p> | <p>3 Alaska Became a State, 1959 9:30a Morning Stretch 10:00a Alaska Facts & Coffee 10:30a JINX Dice 2:00p Cupcake Liner Eskimos 3:00p Catholic Communion 3:00p Bunco 6:45p Bingo w/Betty</p> | <p>4 Nat'l Spaghetti Day Trivia Day 9:30a Morning Stretch 10:00a Daily Chronicles, Brain Quest & Coffee 10:30a Sort It Out 2:00p Jeopardy 3:00p Kwizniac</p> | <p>5 Nat'l Bird Day 9:30a Active Games: Snowflake Target 10:00a Word Mining & Coffee 10:30a Toss Up Dice 2:00p Aspen Tree w/ Birds Craft 3:00p Social: Cinnamon Coffee Cake 6:45p Bingo w/Madison East Kiwanis Health Drive Podiatry</p> | <p>6 10:30a Tile Mosaics with Katie 3:00p Kings Korner & Wii Bowling Avail. In Dining Room 6:30p Independent Art, Brain Games Avail. In Dining Room NFL Wild Card Football Games</p> |
| <p>7 10:00a TV Church Service (Ch. 6) 2:00p Bingo w/Mike Catholic Communion with St. Dennis Church NFL Wild Card Football Games</p> | <p>8 Elvis Presley's B-day 9:30a Morning Stretch 10:00a Secret Quote & Coffee 10:30a Team Yahtzee 1:00p 1:1 Visits (Rms) 2:00p Bingo 3:00p Popcorn Social</p> | <p>9 Nat'l Word Nerd Day 9:30a Active Games: Horseshoes 10:00a Boggle & Coffee 10:30a Kerplunk 2:00p Wordsearch Game 3:00p Scrabble</p> | <p>10 9:30a Morning Stretch 10:00a Riddles & Coffee 10:30a Music with Cowboy Bob 2:00p Painting Trees Using Markers 3:00p 7-Up Cards 6:45p Bingo w/Betty</p> | <p>11 Nat'l Milk Day 9:30a Morning Stretch 10:00a Daily Chronicles, Word Scramble & Coffee 10:30a Categories: MILK 1-2p Massage Therapy w/Gail (SIGN UP) 2:00p The Game of Life 3:00p Kings Korner</p> | <p>12 9:30a Active Games: Knock 'em Down 10:00a Sudoku Puzzles & Coffee 10:30a Tapple 2:00p Rubber Ducky Taking Bath Craft 3:00p Friday Social: Pigs in a Blanket</p> | <p>13 Nat'l Rubber Ducky Day 10:30a For-Get-It Dice 3:00p Kings Korner & Wii Bowling Avail. In Dining Room 6:30p Independent Art, Brain Games Avail. In Dining Room NFL Divisional Round Football Games</p> |
| <p>14 10:00a TV Church Service (Ch. 6) 10:30a Fish-or-Cut Bait Dice Game 2:00p Bingo w/Mike Catholic Communion with St. Dennis Church NFL Divisional Round Football Games</p> | <p>15 M. Luther King Jr. Day Nat'l Hat Day 9:30a Morning Stretch 10:00a Hangman & Coffee 10:30a Cover All Hats 1:00p 1:1 Visits (Rms) 2:00p Bingo 3:00p Popcorn Social</p> | <p>16 9:30a Active Games: Snow Pong Toss 10:00a Word Web & Coffee 10:30a Manicures (Rms) 10:30a Eastside Lutheran Church Service 11:00a Hymn Sing w/Jenny 2:00p Starry Night Sky Painting Craft 3:00p Wii Bowling</p> | <p>17 9:30a Morning Stretch 10:00a Do as You're Told Trivia & Coffee 10:30a Dice Bowling 12:00p Order-In-Lunch: Pizza (SIGN UP) 2:00p Brain Box: All Around the World 3:00p UNO Cards 6:45p Bingo w/Betty</p> | <p>18 World Snowman Day 9:30a Morning Stretch 10:00a Daily Chronicles, MadLibs & Coffee 10:30a Snowman Races 2:00p Doily Snowmen 3:00p Man Bites Dog</p> | <p>19 Nat'l Popcorn Day 9:45a St. Dennis 3rd Graders with Egg Drop 11:00a Random Trivia 2:00p Penguin Mosaics 3:00p Monthly Birthday Social: Ice Cream Sundaes</p> | <p>20 Penguin Awareness Day Nat'l Cheese Lover's Day 10:30a Wii Bowling OR Simple Puzzles with Robert 3:00p Kings Korner Avail In Dining Room 6:30p Independent Art, Brain Games Avail. In Dining Room</p> |

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| <p>21 10:00a TV Church Service (Ch. 6) 2:00p Bingo w/Mike</p> <p>Catholic Communion with St. Dennis Church</p> <p>NFL Conference Championship Games</p> | <p>22 Nat'l Blonde Brownie Day 9:30a Morning Stretch 10:00a Daily Chronicles, Word Ladders & Coffee 10:30a Connect 4 Dice 1:00p 1:1 Visits (Rms) 1:15p Resident Council & Food Meeting 2:00p Bingo 3:00p Popcorn Social</p> <p>Health Drive Podiatry</p> | <p>23 Nat'l Pie Day 9:30a Active Games: Snowman Target Toss 10:00a THINKLERS & Coffee 10:30a Categories: PIE 2:00p Paper Plate Frosty The Snowman 3:00p Kings Korner</p> | <p>24 Nat'l Peanut Butter Day 9:30a Morning Stretch 10:00a Word Mining & Coffee 10:30a Music with Chip Messiner 2:00p Baking Group: Peanut Butter Cookies 3:00p Farkle 6:45p Bingo w/Betty</p> <p>Health Drive Optometry</p> | <p>25 Opposite Day 9:30a Morning Stretch 10:00a Group Crosswords & Coffee 10:30a JINX Dice 2-4p Painting Event w/Local Artist Sarah Hill (all abilities & levels of experience welcome)</p> | <p>26 9:30a Active Games: Ski Ball 10:00a Rad in the 80's or Not Trivia & Coffee 10:30a Dice & Strikes 2:00p Penguins in the Dark Craft 3:00p Friday Social: Chips & Cheese</p> | <p>27 Chocolate Cake Day 10:30a YouTube Fun with Tawana 3:00p Kings Korner & Wii Bowling Avail. 6:30p Independent Art, Brain Games Avail.</p> |
| <p>28 10:00a TV Church Service (Ch. 6) 10:30a Wisconsin Jingo with Tawana 2:00p Bingo w/Mike 3:00p Visits w/Pastor Jerry</p> <p>Catholic Communion with St. Dennis Church</p> | <p>29 Nat'l Puzzle Day Bubble Wrap Appreciation Day 9-11a Voting for Registered Voters 9:30a Morning Stretch 10:00a Name 10 Trivia & Coffee 10:30a Roll A Snowman 2:00p Bingo 3:00p Popcorn Social</p> | <p>30 9:30a Active Games: Snowball Toss 10:00a What's the WORD & Coffee 10:30a Battleship 2:00p Rollers Dice Game 3:00p Dominoes</p> | <p>31 9:30a Morning Stretch 10:00a Finishing Lines & Coffee 10:30a Football Dice 2:00p Pac Man Card Game 3:00p Pictionary 6:45p Bingo w/Betty</p> | <p>See Life Enrichment Dept. to make appointments for manicures.</p> <p>CNAs are to trim nails on your shower days.</p> | <p>All activity programs occur in the Main Dining Room unless otherwise noted.</p> <p>Movies & Wii Game console Available in Dining Room.</p> | |



Attention Residents:

During scheduled activity times, your families are welcome to join you and participate in the activity. Activities are subject to change. Please see daily activity bulletin board for scheduled activities. Thank you!

See Front Desk to Schedule Beauty Shop Appointments.